



Te Kura Maori o Nga Tapuwae

CYCLE SKILLS PROGRAMME – YEARS 5 - 8

Friday 7th June 2024

Tēnā koutou e ngā mātua,

On Monday 10th and Tuesday 11th June, our Year 5 – 8 classes will be participating in a cycle skills training programme delivered here at Kura by Harbour Sport. The programme is aimed at delivering best practice cycle skills training.

Your child will be undertaking Grade 1 training which involves students being taught in a non-traffic environment to enable skills to be developed on school grounds.

Grade 1 trainees develop balance and bike control skills for:

- Starting/stopping and steering
- Riding with one hand to signal
- Looking all around (including behind)
- Use of gears
- Stopping quickly with control
- Bike game to increase confidence

They begin to build their knowledge of:

- What makes a safe bike and helmet?
- The legal requirements for cycling on-road
- Bike control skills and observation techniques

Your child must wear **closed toe shoes** to participate.

Additionally, if your child would like to bring their own bike and helmet to Kura that day, it is encouraged as it is better to learn using their own equipment.

NB: Bikes must be in good working order with dual brakes front and back, and gears. If this is not possible, Harbour Sport will provide for training.

Photos will be taken throughout the training but if you do not wish for your child to be photographed, please indicate below. Please endeavour to have this permission slip returned to the Kura no later than Monday 10th June and is also available via Skool Loop.

If you have any queries, please email via tkoti@ngatapuwaee.school.nz

Noho ora mai,

A handwritten signature in black ink, appearing to read 'Teparu Koti'.

Teparu Koti

Kura Tuatahi - Assistant Principal

CYCLE SKILLS PROGRAMME 2024 – YEARS 5-8

Please circle where applicable:

I **do not / give** permission for _____ to participate in the Cycle Skills Programme at Kura run by Harbour Sport on Monday 10th or Tuesday 11th June.

My child is a **beginner / confident** bike rider.

- I give consent for any cycle training photos that my child may appear in.
- I will make sure my child has closed shoes for this training.
- I will ensure this permission slip is returned to Kura by Monday 10th June.

Signed: _____
(Parent/Guardian/Caregiver)

Date: _____