



Te Kura Maori o Nga Tapuwae

TOTARA PARK 6KM RUN PRACTICE

Tuesday 29th June 2021

Tēnā koutou e ngā Mātua,

We have been practicing and training for the up and coming Tough Guy gal challenge which requires your child to practice 6km run with different terrains. Students have practiced on treadmill, block runs but nothing that could imitate what we are about to experience.

We will head to totara Park (Redoubt road) Entrance and begin our run from there, through to Wairere road, around past the pools, through the puhinui steam track and back to the start. This is an average of 6km. This is during our own subject time so won't affect any other curriculum and we will be going during school time so no need to arrange transport.

Your child will need to come well prepared with the correct footwear (no bare feet), a change of clothes and toiletries to shower when we return.

Please endeavour to have this permission slip returned to the Kura as soon as possible. If you require further information, please contact me on 551 – 6161.

Noho ora mai,

Olivia Chapman
Kaiako Hakinakina

TOTARA PARK 6KM PRACTICE RUN

I do give permission for _____ to Attend and participate in the totara park practice run. I will ensure my child is well equipped with the correct gear required. I will endeavour to return the permission slip as soon as possible.

Emergency contact number is:

Attached is my child's Health and Safety consent form

Signed: _____ Date: _____
(Parent/Guardian/Caregiver)